

EFFECTIVE JANUARY 5, 2020
MINIMUM STOCKING REQUIREMENTS

Refer to the WIC Authorized Food List Shopping Guide, April 2, 2019, for product specifications and WIC Bulletin Regulation 71100 for regulation detail

<p>FOOD CATEGORY: BOTTLED JUICE AND CONCENTRATE JUICE (8) 64-ounce bottles of authorized shelf-stable juice OR (10) 11.5 or 12-ounce containers of authorized frozen juice concentrate</p>	<p>FOOD CATEGORY: FRUITS AND VEGETABLES Forty dollars (\$40) worth of a combination of: (5) varieties of authorized <i>fresh fruits</i> (5) varieties of authorized <i>fresh vegetables</i> AND Any combination of at least forty dollars (\$40) worth of (3) varieties of authorized <i>canned or frozen fruits</i> AND Any combination of at least forty dollars (\$40) worth (3) varieties of authorized <i>canned or frozen vegetables</i> *Different packaging or cuts of the same fruit or vegetable are <u>NOT</u> considered a variety</p>
<p>FOOD CATEGORY: BREAKFAST CEREAL At least (144) total ounces of any (4) different types or brands of authorized cereal. Of the total ounces, (1) type must be a (12) ounce size box and (1) type must be an (18) ounce size box. Two of the types or brands must be listed as cereals which contain (51%) or more whole grain by weight in the WIC Authorized Food List and Shopping Guide.</p>	<p>FOOD CATEGORY: CANNED FISH Tuna.....(12) 5-ounce cans of authorized types of tuna OR Sardines.....(4) 15-ounce cans of authorized types of sardines OR Salmon.....(12) 5-ounce cans of authorized types of salmon OR (10) 6-ounce cans OR (4) 14.75-ounce cans OR Mackerel.....(4) 15-ounce cans authorized types of mackerel</p>
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<p>FOOD CATEGORY: CHEESE (4) 16-ounce packages of any combination of authorized types of cheese</p>	<p>FOOD CATEGORY: INFANT FRUITS AND VEGETABLES (56) authorized 4-ounce containers of infant fruits and vegetables</p>
<p>FOOD CATEGORY: DRY BEANS, PEAS OR LENTILS (6) 16-ounce packages of any combination of authorized dry beans, peas or lentils</p>	<p>FOOD CATEGORY: PEANUT BUTTER (4) 16 to 18-ounce containers of authorized types of peanut butter</p>
<p>FOOD CATEGORY: EGGS (4) one dozen containers of authorized types of eggs</p>	<p>FOOD CATEGORY: FRESH BANANAS (8) authorized <i>fresh</i> yellow bananas</p>
<p>FOOD CATEGORY: MILK (6) one gallon containers of authorized fluid whole milk AND (14) one gallon containers of any combination of 2% reduced fat, 1% low fat or nonfat authorized fluid milk..... (10) on the shelf and (4) on the premises AND (2) half-gallon containers of any combination of 2% reduced fat, 1% low fat or nonfat authorized fluid milk</p>	<p>FOOD CATEGORY: WHOLE GRAIN (2) 16-ounce packages of 100% whole wheat bread loaves AND any combination of (4) pounds of: (2) 16-ounce packages of soft corn tortillas (white or yellow) OR (2) 16-ounce packages of oatmeal or oats OR (2) 16-ounce packages of brown rice OR (2) 16-ounce packages of whole-wheat pasta</p>